

2-3 OCTOBER | COLLIE, WA

2025 MTB ENDURO OCEANIA CHAMPIONSHIPS TECHNICAL GUIDE



**WESTERN
AUSTRALIA**
WALKING ON A DREAM



Oceania Cycling
Confederation



**WAGRAVITY
ENDURO**

Welcome from the Western Australia Government

2025 Mountain Bike Enduro National Championships



On behalf of the Western Australian Government, it is my pleasure to welcome competitors, officials and supporters to the beautiful town of Collie for the 2025 AusCycling Mountain Bike Enduro National and Oceania Championships.

We are delighted to once again host this prestigious mountain biking event in Western Australia, where hundreds of competitors will go head-to-head over the next four days.

These championships are a vibrant addition to Western Australia's event calendar, showcasing Collie's world-class mountain biking trails, and uniting visitors with the local community through a shared love of the sport.

This year's events will unfold against the breathtaking backdrop of Wellington Dam, a natural amphitheatre for fast lines, big sends, and unforgettable moments in the dirt. The trails in Collie are truly outstanding and a major drawcard for athletes and visitors, which is why the Western Australian Government, through Tourism WA, is proud to support this event again in 2025.

I encourage you all to make the most of your visit and explore everything that the spectacular South West has to offer. Whether it's enjoying the local hospitality, discovering the region's natural wonders, or simply soaking in the vibrant atmosphere, there is so much to experience beyond the trails.

Western Australia is truly a sport-loving state, and it is fantastic to welcome so many athletes for this event and to see Collie shining on the national and international stage this weekend.

I wish all participants the very best of luck over the coming days, and I hope you enjoy your stay in the beautiful South West.

HON REECE WHITBY MLA
MINISTER FOR TOURISM



**WESTERN
AUSTRALIA**
WALKING ON A DREAM



WHERE DREAM EVENTS HAPPEN

Step into a dreamscape of wondrous events and embark on unforgettable adventures in Australia's South West. The most premium wine region in Australia, pristine beaches, ancient caves and tall-timber forests await.

- Hit the road less travelled and head out on one of the region's many mountain biking and cycling trails in Nannup and Pemberton, including the world-famous Munda Biddi.
- Surf world-class breaks, watch migrating whales and be awed by other native wildlife.
- Taste the region's finest drops on a winery, distillery or brewery tour.
- Picnic or camp among the karri trees in Boranup Forest.
- Taste the flavours, hear the stories and learn the traditions of Wardandi Noongar culture on an Aboriginal tour.
- Walk a section of the 135km-long Cape to Cape Track, and spot sea creatures, beautiful wildflowers and magnificent coast along the way.
- Catch world-class waves with over 135 km of coastline and 75 breaks to choose from — there's a wave here for everyone.
- Wander further and experience where the Southern and Indian Ocean meet at Cape Leeuwin Lighthouse, Australia's tallest mainland lighthouse.
- Go on an underground tour to explore the magical awe of the region's four ancient limestone caves — Jewel, Lake, Mammoth and Ngilgi.

Follow us @WesternAustralia | #WAtheDreamState



**WESTERN
AUSTRALIA**
WALKING ON A DREAM

WESTERNAUSTRALIA.COM

2025 AUSCYCLING MTB ENDURO NATIONAL AND OCEANIA CHAMPIONSHIPS



Contents

Event Details	4
Age Categories.....	4
Event Schedule	5
Official Competition Schedule	5
Race Village Map	6
5km Map.....	7
Course Map.....	8
Parking	8
Venue, stage and village access.....	8
Rider & Spectator Shuttles.....	8
Water.....	8
Trail Access outside of event days	8
Food & Beverage	9
Expo & Retail Vendors	9
Medical & First Aid Services	9
Race Information	10
Official Competition Schedule	10
Registration	10
Membership / License Requirement	11
Start Lists and Results	11
Presentations	11
Marshaling.....	11
Participation.....	11
Event Specific Regulations	12
Race Numbers	12
E-Bike Specific Regulations	12
Safety Equipment.....	13
Rider Equipment	13
Equipment Marking	14
Race Seeding.....	15
Technical Assistance Zone (TAZ) & Neutral Race Support.....	15
Severe Weather Guidelines	15
Therapeutic Use Exemption.....	16
Sport Integrity Australia App	16
Social Media.....	16
Contact List	17
AusCycling Management	17
WA Gravity Enduro (Event Host)	17
Commissaire Panel & Technical Delegates.....	17

Event Details

The 2025 AusCycling Mountain Bike Enduro National Championships is one of the premier events on the Australian Mountain Bike racing calendar, with riders competing for national recognition.

In each event, the first-place Australian rider shall be acknowledged as the National Champion for the discipline and will be presented the National Champions jersey. Elite and U19 events are registered on the UCI calendar with a single set of results and classifications being submitted to the UCI in accordance with UCI regulations.

For further information about the National Champions jersey and kit regulations please read the following policy: [National Championship Jersey](#)

Event Dates: Wednesday 1st of October & Thursday 2nd of October

Location: Wambenger Trails, Collie Western Australia

Race Village Location: Wellington Dam Look out

Entries: Via the EntryBoss Portal

- Oceania Championship Entries: [EntryBoss Portal \(https://entryboss.cc/races/26617\)](https://entryboss.cc/races/26617)
- Entries for this Event will close at 9:59pm AWST (11:59pm AEST) on Monday 29th September 2025, unless sold out prior.

Event Type: Oceania Championship

Event Host: WA Gravity Enduro

Age Categories

The eligible age categories for this National Championships is as follows:

Age Category^	Code	Age
Elite Male/Female	ME/WE	19>
Under 19 Male/Female	MJ/WJ	17-18
E-Bike Male/Female	EBM/EBW	19+

The minimum age (as at 31st December 2025) is 17 years. One Oceania champion (for each of Elite Men and Elite Women) will be awarded, with a single set of results submitted to the UCI in accordance with UCI regulations. An U19 podium will be acknowledged.

Please note that age category is determined by date of birth as at 31st of December 2025

2025 AUSCYCLING MTB ENDURO NATIONAL AND OCEANIA CHAMPIONSHIPS



WESTERN
AUSTRALIA
WALKING ON A DREAM



Event Schedule

Date	Time	Activity
Wednesday October 1st		
	0800 – 1700	Race Village Opens (inc. Medical)
	0900 – 1600	Oceania Championships – Official Practice
Thursday October 2 nd		
	0800 – 1700	Race Village Opens (inc. Medical)
	0900 – 1600	Oceania Championships – Racing. <i>Official Competition Schedule TBC</i>
Friday October 3rd		
	0800 – 1700	Race Village Opens (inc. Medical)
	0900 – 1600	National Championships - Official Practice
Saturday October 4 th		
	0730 – 1700	Race Village Opens (inc. Medical)
	0815 – 1600	National Championships – Racing <i>Official Competition Schedule TBC</i>
Sunday October 5 th		
	0730 – 1700	Race Village Opens (inc. Medical)
	0815 – 1600	National Championships – Racing <i>Official Competition Schedule TBC</i>

Official Competition Schedule

The 2025 Enduro National & Oceania Championship competition schedule is still under development. This schedule will be released no later than 4 weeks from the date of the event. This schedule will appear on the;

- [The AusCycling event listing](#)
- [The EntryBoss Portal](#) (relevant to each event)
- The Technical Guides (relevant to each event)

2025 AUSCYCLING MTB ENDURO NATIONAL AND OCEANIA CHAMPIONSHIPS



WESTERN
AUSTRALIA
WALKING ON A DREAM



Race Village Map

Please note that the venue layout may be subject to change.



2025 AUSCYCLING MTB ENDURO NATIONAL AND OCEANIA CHAMPIONSHIPS



5km Map



Course Map

The Course Map for the 2025 MTB Enduro National & Oceania Championships is currently under development. The course map will be released no later than 4 weeks from the date of the event and will be available on the;

- [The AusCycling event listing](#)
- [The EntryBoss Portal](#) (relevant to each event)
- The Technical Guides (relevant to each event)

Parking

Competitor & spectator parking is available at two locations;

- Parking lot adjacent to the race village, accessed via Wellington Dam Rd
- Parking lot adjacent to Potters Gorge Camping Ground, accessed via Tom Jones Rd

Please plan to leave your vehicle in place for the duration of the day. It is preferred that riders and accompanying people leave their vehicles at their campsite or accommodation wherever possible. More information on spectator transfers from Potters Gorge to the race village will be provided closer to the event date.

Venue, stage and village access

Vehicle access is restricted from the Wellington Dam kiosk. Accredited vehicles and event personnel only beyond this point. Access to all stage starts via surrounding roads and trails. Please refer to the course map, once released, for further information.

Rider & Spectator Shuttles

No competitor self-shuttles are permitted from 6:00pm Tuesday 2nd through to 6:00pm Sunday 5th of October to ensure an appropriate level of rider and public safety. Spectator shuttles will operate throughout race days. Spectators are encouraged to park and utilize the shuttle service rather than drive to each viewing location.

A shuttle bus service will operate between the Event Village and Honeymoon Pool as the two key central event hubs.

Water

Large water tankers will be available at two locations on the course; at the race village and at the Honeymoon Pools meeting point. Riders are permitted and encouraged to carry a water bottle with them on their bike throughout the course of the practice, race and liaison stages.

Trail Access outside of event days

Riders must be aware that all trails will not be staffed outside of official practice and race times. Riders who access the trails at this time do so at their own risk of being unable to access emergency assistance.

Food & Beverage

Food and beverage vendors will be onsite throughout the event supplied by independent vendors. These vendors will be located within the race village. These vendors will accept cash & card payments, however it is advisable to bring cash as the mobile coverage of the area can sometimes lapse preventing card payments.

Expo & Retail Vendors

Exhibition and retail vendors will be onsite throughout the event offering goods and services for riders and spectators. These vendors will be located within the event village. These vendors will accept cash & card payments, however it is advisable to bring cash as the mobile coverage of the area can sometimes lapse preventing card payments.

Medical & First Aid Services

There will be first aid and medical services available for riders and spectators throughout all operational periods of the event. Dedicated medical response for rider injury and accidents will also service first aid within the race village & Honeymoon Pools for spectators.

First aid services will be available once the race village opens each day. Please see the event schedule for specific times.

Please note that first aid services will operate on a triage system, treating patients on the basis of severity and medical importance.

Medical services will be positioned at two locations;

- Race Village
- Honeymoon Pools spectator viewing and technical assistance zone (TAZ)

First Aid and medical services will not be available outside of the official race and official practice times allocated within the event schedule. Riders who practice outside of these times do so at their own risk.

Accessing Medical services

All medical services should be accessed via the event marshals. In the event you cannot contact an event marshal immediately, please contact 1800 956 478. This contact number will ring through to the events management team who will deploy a medical aid to you, as required. This 1800 number will only be active during race and practice times.

Local Hospital

The closest hospital and emergency department is located at the Collie General Hospital – Deakin St, Collie, WA, 6225. You can contact the hospital on (08 9735 1333).

Please note that any situation where a person is required to be transported to a medical facility will be managed by the onsite first aid and medical team. Please follow their directions as patients may be transferred to a different facility than listed above.

Event information and updates

Event communications will be serviced by three platforms; A dedicated event WhatsApp channel, emails and updates to the event listing on the AusCycling Website. Key information will be distributed across all three platforms.

Riders and Spectators are encouraged to subscribe to the dedicated Event WhatsApp Channel to receive the most up to date information including;

- Rider Communiques
- Changes to schedules
- Changes to vendor operations
- Accessing key event documents (Technical Guides, Start lists, Competition Schedules, etc.)

Please note that mobile phone coverage may lapse throughout the event due to the high tree line and surrounding environment.

Event Operations and Emergency Communications

In order to ensure that event management staff have unhindered communications a UHF radio system with additional repeaters has been implemented. This will ensure that event officials, marshals and event management staff can communicate freely and respond accordingly to any emergency that may occur.

Race Information

Official Competition Schedule

The 2025 Enduro national & Oceania Championship competition schedule is still under development. This schedule will be released no later than 4 weeks from the date of the event. This schedule will appear on the;

- The AusCycling event listing
- The EntryBoss Portal (relevant to each event)
- The Technical Guides (relevant to each event)

**Presentation time is indicative only and may be subject to change. Please listen out for announcements as presentations will begin approximately 30 minutes after the final rider has returned.*

***Practice is available to riders across the day but as per table priority should be given to group B riders on Wellington Dam side trails through the morning and then priority to group A riders at Honeymoon Pool trails through the afternoon.*

Registration

All Riders (including J9 and J11 age category riders) can register and collect their frame plate, equipment stickers and bib number from the 'Centre Of Gravity' (COG) race trailer situated in the Race Village.

Riders can complete their registration between 9am to 4pm on Wednesday the October 1st through to Sunday October 5th. Race plates must be fixed to bike before participating in practice, racing or Liaison stages.

Membership / License Requirement

To qualify for entry to this event, Riders will be required to hold one of the following:

- A current AusCycling 'Race – Off Road or All Discipline' membership (for all National Championship events); OR
- A 2025 UCI License issued by a UCI National Federation

Failure to provide one of the above will result in the rider having to pay to renew their membership at registration. Riders must be covered by AusCycling insurance whilst participating in the event through either a AusCycling Off-Road Membership or AusCycling All Discipline Membership - no temporary memberships are permitted for any category in these Championships. Further information regarding AusCycling memberships can be found at the following link

- <https://auscycling.org.au/membership>

Start Lists and Results

In accordance with the technical regulations, all competitors will be allocated a start time for each special stage. These will be published early in race week with details provided via the event website.

Results will be posted at results.auscycling.org.au and on the event notice board located at the Centre of Gravity (CoG). Any protests must follow section 3.01 of the AusCycling Technical Regulations (General).

Presentations

Presentations will be conducted at the end of the day – approx. 30 minutes after the final finisher. All placegetters must present to the podium immediately following their race finish.

Athletes must be presented in their correct attire (race kit). All placegetters should makethemselves available for the media as directed by the AusCycling Media Manager.

All categories will have the top 3 riders on the podium. Elite & U19 will have the top 5 riders on the podium.

Marshaling

Riders are required to view the online race briefing prior to racing. Ensuring they understand the specific structure and procedures of the event. This will be released at the time of course map release nearer the event date.

Note that riders will be penalized in the event that they are not present when the marshal calls them at the beginning of a stage.

Participation

All categories and races are open to members of any national federation. International Riders are eligible for Medals but not national Championship jerseys.

Entries via entryboss and available here: <https://entryboss.cc/races/20424>
Entries close on October 10 if not sold out beforehand.

Event Specific Regulations

The event will be conducted under the rules and regulations of AusCycling and the Union Cycliste Internationale (UCI). The AusCycling & UCI scale of penalties will apply. For more information, please refer to the AusCycling website www.auscycling.org.au and UCI website www.uci.org

[AusCycling Mountain Bike Technical Regulations](#)

[UCI Mountain Bike Technical Regulations](#)

Race Numbers

For all races, Riders will be issued a frame plate and transponders at registration. Frameplates must not be cut, folded, or modified in any way. All Riders will be issued with a paper bib number. This bib number must be fixed to the riders bike prior to commencing any practice, race or liaison stages.



Riders can purchase a plastic frame plate for \$25.00 by pre-ordering one from the [WAGE website](#).

Failure to return a transponder will incur a \$100 fine.

E-Bike Specific Regulations

UCI Technical Regulations regarding E-MTB apply for the event and the following E-MTB bike compliance testing protocol will be in place:

- All podium bikes will be quarantined immediately upon race completion and submitted to scrutinization including software, physical and ergometer testing;
- In addition, up to five (5) random bike checks will also be completed.

In accordance with section 7 of the UCI regulations relating to E-MTB racing:

An E-Mountain Bike is a bike operated with two energy sources, human pedal power and an electric engine, which only provides assistance when the rider is pedalling. E-Mountain bike events must be organised in accordance with the following bike standards:

- Engine of maximum 250 watts.
- Engine assistance up to 25km/h.
- Pedalling assistance only, although a start-up assistance not exceeding 6km/h without pedalling is allowed.
- Wheel sizes shall be a minimum of 26 inches.
- Gearing roll out distance: maximum is 9.0 m.
- Bikes must be commercially available and of mid (crank) motor format only.

7.01 AGE CATEGORY

E-Mountain Bike events are open to all riders aged 19 and over and include Masters categories. No separate results will be submitted for Elite or Masters categories.

7.02 EVENTS FORMAT AND CHARACTERISTICS

E-Mountain Bike events will be organised in the cross-country and Enduro formats only. The characteristics and format of each event will be determined in the technical guide for each event.

7.03 BATTERY & RANGE EXTENDERS

Riders can only use the battery in place on their bike and cannot carry an additional battery during the competition or range extender.

Safety Equipment

All riders are expected to always wear a compliant helmet whilst on their bike. This applies during competition, practice and when commuting to and from their events. Bicycle helmets that satisfy current Australian or equivalent international standards are compulsory in all AusCycling sanctioned events.

Helmets must be always fastened whilst on a bicycle. Helmets must be in good condition and fit for purpose. All helmets must be compliant as determined by the presence of an appropriate compliance sticker. To ensure all riders comply with the regulations, and their helmet meets current safety standards, helmets may be inspected by a Commissaire at any time throughout the duration of the event.

In accordance with AusCycling Technical Regulations an Enduro a Standard helmet requirement will be in place for the event. Specifically, this requires:

- For Special Stages/Racing a full faced helmet meeting AS2063 or equivalent standard with or without detachable mouthpiece;
- For Liaison Stages any helmet meeting AS2063.

Additionally, Riders must also comply with the requirement to wear the following safety equipment during practice, race and liaison stages:

- A jersey or shirt covering the elbows must be worn as a minimum. 3/4 length jerseys are acceptable. Knees must be covered by full-length trousers and/or self-fastening knee or knee/shin guards expressly designed for off-road competition.
- For all riders who are eligible to compete in the Under 13, 15, and Under 17 categories, the following equipment is mandatory at all times while on track regardless of registered category:
- Full-finger gloves must be worn;
- Full-length jersey – jersey must cover elbows at all times;
- Knee pads and elbow pads must be worn.

AusCycling strongly recommends the use of the following for all competitors:

- Neck brace expressly designed for off-road competition;
- Back and shoulder protection expressly designed for the purpose;
- Full finger gloves;
- Elbow protectors and/or long sleeve jersey to the wrist;
- Goggles that are expressly designed for the purpose.

Rider Equipment

Only one frame, fork and one set of wheels can be used by a racer during a race. Only upon approval of the Commissaire or Race Director, a racer may replace a frame, fork or wheel during the race.

A 3-minute penalty will be awarded to every racer who, having received approval by the Commissaire or Race Director, replaces the equipment listed above. Any racer found to have replaced a frame, fork or wheel during the race without consent from the Commissaire or Race Director will be disqualified (DSQ). A racer can use different/unmarked equipment during Official Training.

Equipment Marking

Equipment Marking Stickers will be utilized for all riders in all age categories. Stickers must be applied on the rider's right-hand side of the bike on the following components:

- Fork Crown
- Swingarm / Rear triangle
- Front triangle
- Both wheel rims

Stickers must be placed on the bike by the racer **prior to the race start**. Any problems with the Stickers must be reported to the Commissaire or Race Director at the earliest opportunity and/or prior to race start.

Racers who lose their Stickers prior to the race start may be issued a time penalty. Racers' bikes will be checked for marking at the start of the race and at the finish of the final stage.

Other random checks of stickered equipment may be carried out throughout the race.

Following a repair, the racer must return to the Commissaire or Race Director to have the replacement part(s) re-marked (if applicable) before rejoining the race.

Sticker Location Diagrams:



Race Seeding

Seeding/Plate order is determined as follows:

Elite, U19
1. The defending format class National Champion;
2. Recognised UCI World Champion;
3. Any rider ranked in the top 200 UCI World Rankings in ranking order;
4. All other riders in entry order.
Masters
All riders in entry order.
J13, J15, J17
All riders in entry order.

Technical Assistance Zone (TAZ) & Neutral Race Support

Designated Technical Assistance Zones (TAZ) will be clearly marked and located at Honeymoon Pool and within the Event Village. Both locations are central to the event and stages footprint. Only in the Technical Assistance Zone (TAZ) are racers allowed to change any part of their clothing or equipment (non-stickered bike parts) with the assistance from non-racers.

Feeding and Technical support may only be provided within these Zones. Racers are allowed to collect and drop equipment or food in the TAZ. No food is allowed to be prepared or given to a racer by a member of the racer's support crew unless the rider is in an officially marked TAZ. For those in e-bike category spare batteries can be placed in the Wellington Dam TAZ available for a changeover, if required.

There will be neutral mechanical support available at both TAZs on the course.

Racers are only allowed to give any waste equipment to another person (this includes event or team staff and fans) in the TAZ. Racers can gain verbal assistance from anyone during a race but no one other than another racer can physically help a racer, touch their equipment or provide any supplies outside of the TAZ.

Team staff are not allowed to set a pace for their team riders along Liaisons by riding with them or in front of them. Pacing is defined as when a rider is assisted with their speed on a Liaison through either ongoing and regular verbal or aerodynamic assistance by a non-racer.

Severe Weather Guidelines

When looking at weather conditions, the safety of the athletes, spectators, staff, and volunteers is the utmost priority. While often providing an additional challenge, adverse weather in its extremes may result in hypothermia, heat exhaustion or other dangerous conditions. In all cases the event will follow the AusCycling Extreme Weather Guidelines.

Therapeutic Use Exemption

All competitors may be subject to anti-doping testing under AusCycling and Sport Integrity Australia regulations. If you are currently taking any medication (including supplements), please check whether this substance is banned in or out of competition via www.globaldro.com/AU/search

A TUE is an exemption that allows an athlete to use, for therapeutic purposes only, an otherwise prohibited substance or method (of administering a substance). TUE approval may protect athletes from receiving a sanction if a prohibited substance is found in their sample.

Who needs to complete a TUE in-advance for Cycling? Athletes who are taking, considering taking, or being prescribed any banned or prohibited substances.

Further information on the TUE process can be found on the Sport Integrity Australia (SIA) website <https://www.sportintegrity.gov.au/resources/therapeutic-use-exemption> or by calling 1300 027 23

Sport Integrity Australia App

Any athlete and official can download the SIA app.

The SIA App has been designed with athletes in mind. The App gives a complete list of all supplements sold in Australia that have been screened for prohibited substances by an independent laboratory. The testing and certification of sports supplements cannot provide athletes a 100% safety guarantee but does significantly lower the risk of a positive test. For non-tested supplements the App gives athletes access to a quiz to assess the risk posed by highlighting key risk factors. The App can also be used to report doping, check if a medication is banned in sport, give SIA feedback on testing missions, and complete online education module.

Social Media

Facebook	@AusCyclingMTBCX	
X/Twitter	@AusCyclingAus	
Instagram	@auscyclingausOfficial	Hashtag #enduronats25

Contact List

AusCycling Management

Role	Name	Contact
Executive General Manager – Major Events	Steve Peterson	Steve.peterson@auscycling.org.au
Event Operations Manager – MTB CX	Harry Fortune	Harry.fortune@auscycling.org.au
Event Coordinator	Clare Kelly	Clare.kelly@auscycling.org.au

WA Gravity Enduro (Event Host)

Role	Name	Contact
Race Director (WAGE)	Steve Janiec	0407 446 273

Commissaire Pannel & Technical Delegates

Role	Name	Contact
Technical Delegate	TBD	
President of the Commissaires Panel (PCP)	TBD	
Member	TBD	
Member	TBD	
Member	TBD	
Member	TBD	
Member	TBD	



SPORT INTEGRITY
AUSTRALIA

CLEAN SPORT IS YOUR RESPONSIBILITY

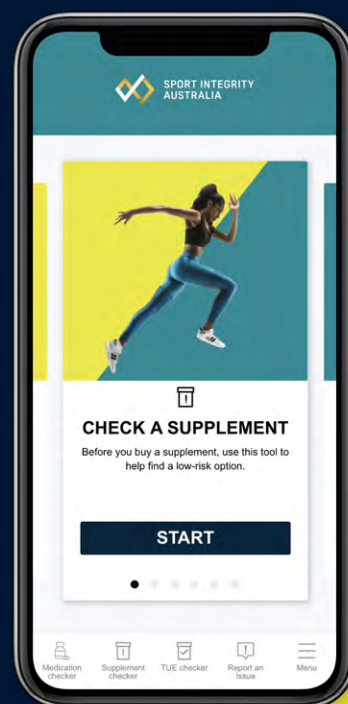
SPORT INTEGRITY APP

- Check medications on Global DRO
- Find low risk supplements
- Check if you need a Therapeutic Use Exemption (TUE)
- Report an issue
- Give feedback or ask a question

The app also has information on all sport integrity issues, anti-doping rules, testing programs, the health effects of doping, supplement and nutrition advice, overseas travel considerations and more. Just click on the menu icon.

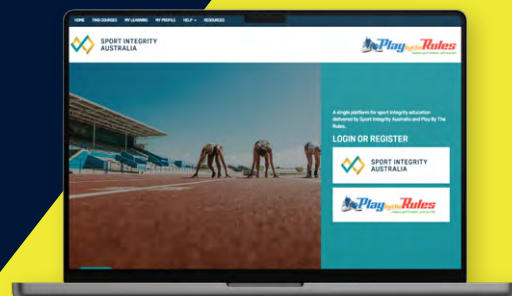


Download the app from the Apple Store and Google Play store here.



ONLINE EDUCATION

- Sport Integrity Australia's eLearning website: elearning.sportintegrity.gov.au
- Visit the site for courses on integrity topics including: Safeguarding Children and Young People in Sport Induction, introduction courses to anti-doping, match-fixing and illicit drugs, along with specific courses for parents and coaches.



Contact Us

Email: education@sportintegrity.gov.au

Safe Sport Hotline: 1800 161 361

Enquiries: 1300 027 232

www.sportintegrity.gov.au



SPORT INTEGRITY
AUSTRALIA

ANTI DOPING IS YOUR RESPONSIBILITY



Medications may have banned substances in them. Check all medications on the Sport Integrity app.



All athletes are responsible for what substances they put into their own bodies - they can't blame anyone else, however if a coach has supplied the substance, penalties also apply to the coach.



Supplements are a huge risks. Research shows 1 in 5 contain a banned substance not listed on the label. Find low risk supplements on the Sport Integrity app. If it's not listed, don't risk it.



As a member of your sport, you are bound by an Anti-Doping Policy and potentially subject to investigation.



There are rules that you and your athletes must follow under your sport's Anti-Doping Policy. Details are in the Sport Integrity app menu under 'Know the rules'.



Anti-doping education should not be a 'tick the box' exercise - it should be an ongoing conversation with your athletes.



If you are involved in a team sport, and an athlete tests positive to a banned substance, the team could lose competition points and championship placings.



Breaking the rules could result in a ban of up to four years from ALL sport - no training, no playing, no coaching.



Learn more about the sample collection process via our Virtual Reality anti-doping test experience. Found in the menu of the Sport Integrity app under 'Tools'.



COMPETITION COMING UP?

MAKE SURE YOU ARE READY!

1

Download the Sport Integrity App and use it to make your way through the following steps.



2

TAKING A MEDICATION?

Use the 'Check a Medication' tab to access Global DRO to make sure your medication isn't banned in sport.



3

TAKING A BANNED SUBSTANCE FOR MEDICAL PURPOSES?

Use the Therapeutic Use Exemption Checker to see if you need a TUE, and complete the paperwork if required.



4

USING SUPPLEMENTS?

Use the 'Check a Supplement' tab to check the risk of your product. Supplements are the leading cause of inadvertent positive tests in Australia.



5

NEVER BEEN TESTED?

Prepare yourself by going through a virtual reality test on the App. (Search for it under the menu icon)



6

KNOW THE RULES?

A positive test is only one way to be banned from sport. Read up on the 11 Anti-Doping Rule Violations.



7

COMPLETED YOUR EDUCATION?

Access the Sport Integrity Australia online courses by clicking on the Get Educated tab.



8

TRAIN AND COMPETE CLEAN!



**SPORT INTEGRITY
AUSTRALIA**

CONTACT US

Please visit our website sportintegrity.gov.au, contact us at education@sportintegrity.gov.au, call our Safe Sport Hotline **1800 161 361**, or enquire **1300 027 232**



Here for you Here for good

We believe assisting young women and men to achieve their best as both athletes and people makes us a better company. That's why we are the naming sponsor of the Australian Cycling Team.

At ARA, our focus is on more than just delivering essential building and infrastructure services. We're always thinking about how we can create value for our customers, support our community and enrich the lives of Australians.

Naming sponsor of the
Australian Cycling Team

Fire & Security

Property Services

Electrical

Products



**Essential services for your
facilities and infrastructure**

1300 233 305
aragroup.com.au